Wheels: An e-mail from Chuck says, "I always read your Wheels column, and get interested in your advice on motor oils. Our 1987 BMW 528 has 408,000 original miles on it. The engine has never been opened up nor repaired (original alternator, too). Many folks ask what oil I use, especially, if I use synthetic oils. Nope. I use whatever meets the latest API specification. I use 10W 40 and it runs great."

Halderman: Congratulations and keep changing the engine oil regularly!

