

# Automotive Technology 6<sup>th</sup> Edition

## Chapter 33 PISTONS, RINGS, & CONNECTING RODS

### Opening Your Class

KEY ELEMENT	EXAMPLES
<b>Introduce Content</b>	This Automotive Technology 6th text provides complete coverage of automotive components, operation, design, and troubleshooting. It correlates material to task lists specified by ASE and ASEEducation (NATEF) and emphasizes a problem-solving approach. Chapter features include Tech Tips, Frequently Asked Questions, Case Studies, Videos, Animations, and ASEEducation (NATEF) Task Sheets.
<b>Motivate Learners</b>	Explain how the knowledge of how something works translates into the ability to use that knowledge to figure why the engine does not work correctly and how this saves diagnosis time, which translates into more money.
<b>State the learning objectives for the chapter or course you are about to cover and explain this is what they should be able to do as a result of attending this session or class.</b>	Explain the chapter learning objectives to the students as listed: <ol style="list-style-type: none"> <li>1. Explain the purpose and function of pistons and piston construction.</li> <li>2. Discuss piston pins and piston pin retaining methods.</li> <li>3. Explain piston rings and construction of piston rings.</li> <li>4. Discuss connecting rods and the procedure to service connecting rods.</li> <li>5. Explain piston and rod assembly and servicing of piston rings.</li> </ol>
<b>Establish the Mood or Climate</b>	Provide a <b>WELCOME</b> , Avoid put downs and bad jokes.
<b>Complete Essentials</b>	Restrooms, breaks, registration, tests, etc.
<b>Clarify and Establish Knowledge Base</b>	Do a round robin of the class by going around the room and having each student give their backgrounds, years of experience, family, hobbies, career goals, or anything they want to share.

**NOTE: This lesson plan is based on the 6<sup>th</sup> Edition Chapter Images found on Jim's web site @**

**[www.jameshalderman.com](http://www.jameshalderman.com)**

**DOWNLOAD Chapter 33 Chapter Images: From**

**[http://www.jameshalderman.com/automotive\\_principles.html](http://www.jameshalderman.com/automotive_principles.html)**

**NOTE: You can use Chapter Images or possibly Power Point files:**

## ICONS



## Ch33 Pistons/Rings/Rods

### 1. SLIDE 1 CH33 PISTONS, RINGS, & CONNECTING RODS

2. SLIDE 2 **EXPLAIN** Figure 33-1 piston seals bottom of combustion chamber and is attached to a connecting rod.

Check for **ADDITIONAL VIDEOS & ANIMATIONS @**

<http://www.jameshalderman.com/>

**WEB SITE IS CONSTANTLY UPDATED**

[http://www.jameshalderman.com/automotive\\_principles.html](http://www.jameshalderman.com/automotive_principles.html)

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**Crossword Puzzle (Microsoft Word) (PDF)**

**Word Search Puzzle (Microsoft Word) (PDF)**

### Videos

**DEMONSTRATION: Show the students the different parts of piston, including the skirt, pin bore, head valve reliefs, and other components**

**DISCUSSION: Ask the students to discuss how piston and rod assembly function together and how their reciprocating motion is turned into rotary motion.**

**DEMONSTRATION: Using a demo engine or animation, show the students the operation of the piston in an engine bore.**

**DISCUSSION: Have students discuss purpose of different parts of the piston assembly and why they are important to the overall performance of the internal combustion engine (ICE).**

3. SLIDE 3 **EXPLAIN** Figure 33-2 All pistons share the same parts in common.

4. SLIDE 4 **EXPLAIN** Figure 33-3 Piston diameter is measured across the thrust surfaces.

5. SLIDE 5 **EXPLAIN** Figure 33-4 cast piston showing the sprues which were used to fill the mold with molten aluminum alloy.

6. SLIDE 6 **EXPLAIN** Figure 33-5 top of piston temperature can be 100° F (38° C) lower on a forged piston compared to a cast piston.

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### **EXPLAIN TECH TIP: *Piston Weight Is Important!***

All pistons in an engine should weigh the same to help ensure a balanced engine. Piston weight becomes a factor when changing pistons. Most aluminum pistons range in weight from 10 to 30 ounces (280 to 850 grams) (1 oz = 28.35 g). A typical paper clip weighs 1 g. If the cylinder has been bored, larger replacement pistons are obviously required. If the replacement pistons weigh more, this puts additional inertia loads on the rod bearings. Therefore, to help prevent rod bearing failure on an overhauled engine, the replacement pistons should not weigh more than the original pistons. **CAUTION: Some less expensive replacement cast pistons or high-performance forged pistons are much heavier than the stock pistons, even in the stock bore size. This means that the crankshaft may need heavy metal added to the counterweights of the crankshaft for the engine to be balanced. For the same reason, if one piston is being replaced, all pistons should be replaced, or at least checked and corrected, to ensure the same weight.**

**Tell your students that hypereutectic pistons are very high in silicone content and are frequently used in new and remanufactured engines**

**DEMONSTRATION: Using a cutaway engine (if available), show how much clearance there is between piston and valves with engine at TDC.**

7. **SLIDE 7 EXPLAIN** Figure 33-6 Valve reliefs are used to provide valve clearance.
8. **SLIDE 8 EXPLAIN** Figure 33-7 Piston cam shape. The largest diameter is across the thrust surfaces and perpendicular to the piston pin (labeled A).
9. **SLIDE 9 EXPLAIN** Figure 33-8 molygraphite coating on this piston from a General Motors 3800 V-6 engine helps to prevent piston scuffing.

**Pop-up or domed pistons can create more power, but they will also increase the exhaust emissions.**

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10. **SLIDE 10 EXPLAIN** Figure 33-9 head of the piston is smaller in diameter than the skirt of the piston to allow it to expand when the engine is running.

**DISCUSSION:** Have the students discuss why it is important for the piston head to be smaller than the rest of piston.

11. **SLIDE 11 EXPLAIN** Figure 33-10 Steel struts cast inside the piston help control expansion and add strength to the piston pin area.

**DEMONSTRATION:** Show examples of pistons with struts

**DISCUSSION:** Have the students discuss why piston struts are important and what would happen if they were not there.

**DEMONSTRATION:** Show the proper way to measure piston diameters and inspect the piston for damage.

**HANDS-ON TASK:** Have the students measure several pistons and inspect them for damage, and report their findings to you.

**DISCUSSION:** Have the students discuss why pistons in modern engines have to have flat or recessed tops.

**ON-VEHICLE ASE EDUCATION TASK** Determine piston-to-bore clearance



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12. **SLIDE 12 EXPLAIN** Figure 33-11 Most piston pins are hollow to reduce weight and have a straight bore. Some pins have a tapered bore to reinforce the pin.

**Piston to Wall Pressure (View)**  
**(Download)**

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**DEMONSTRATION:** Show how piston pins are not centered on the piston. **MAJOR THRUST AREA**

**DEMONSTRATION:** Show how to apply left-hand rule is used to determine major thrust side.

**Connecting rods are not to be mixed during disassembly.**

13. SLIDE 13 **EXPLAIN** Figure 33-12 Piston pin offset toward the major thrust surface.



**DISCUSS FREQUENTLY ASKED QUESTION: *Which Side Is the Major Thrust Side?*** The thrust side is the side the rod points to when the piston is on the power stroke. Any V-block engine (V-6 or V-8) that rotates clockwise is viewed from the front of the engine. The left bank piston thrust side faces the inside (center) of the engine. The right bank piston thrust side faces the outside of the block. This rule, called the left-hand rule, states the following:

- Stand at rear of the engine and point toward front of engine with your left hand.
- Raise your thumb straight up, indicating top of engine.
- Point your other fingers toward right. This represents the major thrust side of the piston.

**Always assemble the connecting rods onto the rods so that the notch or “F” on the piston is pointing toward the front of the engine and the oil squirt hole on the connecting rod is pointing toward the major thrust side with your left hand.**

14. SLIDE 14 **EXPLAIN** Figure 33-13 Engine rotation and rod angle during the power stroke cause the piston to press harder against one side of the cylinder, called the major thrust surface.

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15. SLIDE 15 **EXPLAIN** Figure 33-14 Circlips hold full-floating piston pins in place.

16. SLIDE 16 **EXPLAIN** Figure 33-15 typical interference fit piston pin

### **DISCUSS CASE STUDY: *Big Problem, No Noise***

Sometimes the piston pin can “walk” off the center of piston and score the cylinder wall. This scoring is often not noticed because this type of wear does not create noise. Because the piston pin is below the piston rings, little combustion pressure is lost past the rings until the groove worn by the piston pin has worn the piston rings. Troubleshooting the exact cause of the increased oil consumption is difficult because the damage done to the oil control rings by the groove usually affects only one cylinder. Often, compression tests indicate good compression because of the cylinder seals, especially at the top. More than one technician has been surprised to see the cylinder gouged by a piston pin when the cylinder head has been removed for service. In such a case, the cost of the engine repair immediately increases far beyond that of normal cylinder head service.

#### **Summary:**

**Complaint**—Engine was burning oil yet the compression was good, leading the technician to remove the head.

**Cause**—A piston pin had moved and scored the cylinder wall.

**Correction**—The engine was replaced to correct the oil burning concern.

**DEMONSTRATION:** Show examples of full-floating and interference fit piston pins.

**DISCUSSION:** Discuss differences between full-floating and tolerance (interference) fit piston pins & advantages and disadvantages of both.

17. SLIDE 17 **EXPLAIN** Figure 33-16 rings conduct heat from piston to cylinder wall.

**DEMONSTRATION:** Show a set of rings. Explain differences between compression rings and oil control rings and where they go on piston.

**[Piston to Wall Pressure \(View\) \(Download\)](#)****[Top Ring Pressure \(View\) \(Download\)](#)**

18. **SLIDE 18 EXPLAIN** Figure 33-17 Combustion chamber pressure forces the ring against the cylinder wall and the bottom of the ring groove to effectively seal the cylinder.
19. **SLIDE 19 EXPLAIN** Figure 33-18 side and back clearances must be correct for the compression rings to seal properly.
20. **SLIDES 20 EXPLAIN** Figure 33-19 This typical three-piece oil control ring uses a hump-type stainless steel spacer-expander. The expander separates the two steel rails and presses them against the cylinder wall.

**DISCUSSION: Ask the students to discuss the function of compression & oil control rings work and why they are important**

**DISCUSSION: Ask the students why piston ring gap is important and what they think will happen if the gap is too little or too big**

21. **SLIDE 21 EXPLAIN** Figure 33-20 piston ring gaps.
22. **SLIDE 22 EXPLAIN** Figure 33-21 taper face ring provides oil control by scraping cylinder wall. This style of ring must be installed right side up or the ring will not seal and oil will be drawn into the combustion chamber.
23. **SLIDE 23 EXPLAIN** Figure 33-22 Torsional twist rings provide better compression sealing and oil control than regular taper rings.
24. **SLIDE 24 EXPLAIN** Figure 33-23 Scraper-type rings provide improved oil control.
25. **SLIDE 25 EXPLAIN** Figure 33-24 upper barrel face ring has a line showing contact with the cylinder wall. The second taper face ring shows contact along the lower edge of the ring.
26. **SLIDE 26 EXPLAIN** Figure 33-25 chrome facing on this compression ring is about 0.004 in. (0.10 mm) thick.
27. **SLIDE 27 EXPLAIN** Figure 33-26 moly facing on this compression ring is 0.005 in. (0.13 mm) thick

**Earliest evidence for a connecting rod comes from the late third century AD in a Roman sawmill.**

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28. **SLIDE 28 EXPLAIN Figure 33-27** The connecting rod is the most highly stressed part of any engine because combustion pressure tries to compress it and piston inertia tries to pull it apart.
29. **SLIDE 29 EXPLAIN Figure 33-28** The I-beam shape (top rod) is the most common, but the H-beam shape is common in high-performance and racing engine applications.
30. **SLIDE 30 EXPLAIN Figure 33-29** Rod bolts are quickly removed using a press.
31. **SLIDE 31 EXPLAIN Figure 33-30** Some rods have balancing pads on each end of the connecting rod.
32. **SLIDE 32 EXPLAIN Figure 33-31** Some connecting rods have spit holes to help lubricate the cylinder wall or piston pin.

**DEMONSTRATION: Show the students an example of a connecting rod. Explain the oil hole, the big and small ends, and their functions.**

### **Cooling the Piston (View) (Download)**

33. **SLIDE 33 EXPLAIN Figure 33-32** Some engines, such as this Ford & Duramax diesels, are equipped with oil squirters that spray or stream oil toward the underneath side of the piston head to cool the piston.
34. **SLIDE 34 EXPLAIN Figure 33-33** cast connecting rod is found on many stock engines and can be identified by the thin parting line.
35. **SLIDE 35 EXPLAIN Figure 33-34** This high-performance connecting rod uses a bronze bushing in the small end of the rod and oil hole to allow oil to reach full-floating piston pin fractured parting line at the big end of the rod.

**DISCUSSION: Ask the students to discuss the different types of piston and connecting rod oiling systems. Have them discuss as a class the advantages and disadvantages of each.**

**Shorter connecting rod is, faster it will accelerate near top dead center. This means faster acceleration for the engine. Piston reaches its maximum acceleration at a right angle or 90°, which is why 90° V-8 ENGINES are still choice for**

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racing engines.

**Powdered metal (sintered) connecting rod was designed to make a stronger and lighter connecting rod while keeping cost affordable. The combination of light weight and strength helps boost horsepower.**

36. **SLIDE 36 EXPLAIN** Figure 33.35 Powdered metal connecting rods feature a fractured parting line at the big end of the rod.
37. **SLIDE 37 EXPLAIN** Figure 33-36 press used to remove the connecting rod from the piston.
38. **SLIDE 38 EXPLAIN** Figure 33-37 If the rod is twisted, it will cause diagonal-type wear on the piston skirt.
39. **SLIDE 39 EXPLAIN** Figure 33-38 rod alignment fixture is used to check a connecting rod for bends or twists.
40. **SLIDE 40 EXPLAIN** Figure 33-39 Rod bearing bores normally stretch from top to bottom, with most wear concentrated on the rod cap.
41. **SLIDE 41 EXPLAIN** Figure 33-40 To help ensure that the big ends are honed straight, many experts recommend placing two rods together when performing the honing operation.

**DEMONSTRATION: Show the students how to use a rod alignment tool (if you have one) for checking connecting rods for misalignment.**

**Connecting rods are numbered at factory during assembly and they should take note of these numbers when disassembling an engine**

42. **SLIDE 42 EXPLAIN** Figure 33-41 small end of the rod is being heated in an electric heater and the piston is positioned properly so the piston pin can be installed as soon as the rod is removed from the heater.

**DEMONSTRATION: Show proper procedure for installing an interference fit piston pin**

**Heating rod in an oven and placing piston pin in a freezer will make pin slide in easier due to rod end swelling and pin shrinking**

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**HANDS-ON TASK: Have students install an interference fit piston pin**

43. **SLIDE 43 EXPLAIN** Figure 33-42 side clearance of the piston ring is checked with a feeler gauge.
44. **SLIDE 44 EXPLAIN** Figure 33-43 ring gap is measured using a feeler gauge.
45. **SLIDE 45 EXPLAIN** Figure 33-44 hand-operated piston ring end gap grinder being used to increase end gap of a piston ring so that it is within factory specifications.
46. **SLIDE 46 EXPLAIN** Figure 33-45 A typical ring expander being used to install a piston ring on a piston.
47. **SLIDE 47 EXPLAIN** Figure 33-46 Identification marks used to indicate the side of the piston ring to be placed toward the head of the piston.

**DEMONSTRATION: Show proper way to use a feeler gauge to measure piston ring side clearance.**

**DEMONSTRATION: Show proper way to use a feeler gauge to measure piston ring end gap.**

**When checking piston ring end gap, should square up the piston ring in the bore by placing piston & rod assembly upside down and pushing ring partway down in bore.**

**HANDS-ON TASK: Have students measure piston ring gap**

**DEMONSTRATION: Show proper way of installing compression rings. Emphasize rings should be installed with the mark on ring facing up.**

**ON-VEHICLE ASE EDUCATION TASK Identify piston and bearing wear patterns that connecting rod alignment and main bearing bore problems; determine needed action**

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**ON-VEHICLE ASE EDUCATION TASK Inspect and measure piston skirts and ring leads; determine needed action**

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**ON-VEHICLE ASE EDUCATION TASK Remove and replace piston pin**

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**ON-VEHICLE ASE EDUCATION TASK Inspect, measure and install piston rings.**

**Tell your students importance of staggering the ring end gaps on the piston to prevent loss of compression and oil consumption. Most OEMs have a specific ring gap pattern listed in their service information**

**SEARCH INTERNET: Research Internet and research operation of the piston and rod assembly. Have them work in groups of 3 or 4 and have each group do a presentation on different aspects of piston operation (e.g., "How do pistons seal combustion chamber if they have to move up and down within the cylinder bore?")**